



Walton Medical Centre NEWSLETTER SUMMER 2025 ISSUE 1

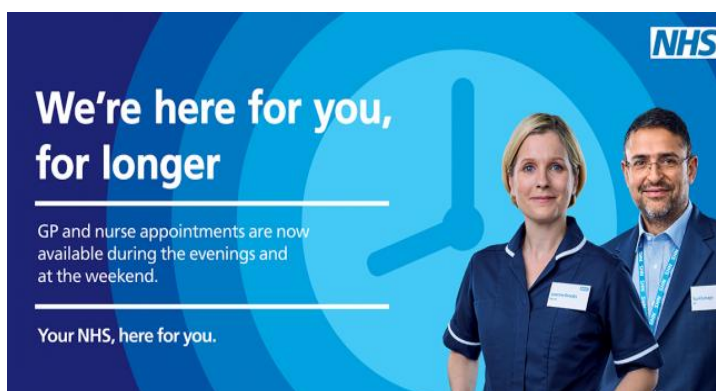
Welcome to the first edition of the Walton Medical Centre patient newsletter.

Practice Information

The surgery have been using the Anima triage system since November 2024. We have now had over 6150 patients register to use the online system.

If patients need help accessing the Anima application, please see a member of the team.

From January to May there were 795 appointments that were not attended. If you need to cancel your appointment it can be cancelled via the Anima app, by calling the surgery or responding on the text reminder for the appointment.



Enhanced Access

The surgery works with the other Partnership practices to provide midweek and Saturday appointments. A variety of appointments are available. The next face to face clinics at Walton Medical centre are:

Saturday 9th August 2025

Saturday 20th September 2025

Saturday 1st November 2025

Please see a member of the reception team if you wish to book an appointment.



The surgery gave 731 Spring Covid boosters. We will also be delivering Covid vaccines during our annual flu campaign. As soon as the dates are known we will be setting up clinics for both vaccinations.

With summer upon us, hay fever is rife at present and is only set to worsen as the Met offices pollen forecast rises to very high across the UK. Whilst the ailment is not serious, it is certainly an annoyance and can be very unpleasant. According to the NHS, symptoms of hay fever include: sneezing and coughing; a runny or blocked nose; itchy, red or watery eyes; itchy throat, mouth, nose and ears; loss of smell; pain around the sides of your head and your forehead; headache; and feeling tired.

For more information and advice please visit:

<https://www.nhs.uk/conditions/hay-fever>

Patient Participation Group

The practice has a Patient Participation Group to work with the practice to help promote the health and wellbeing of the people in our community. If you are interested in being part of this group or would like to know more about what they do please ask for details at reception.

Join our Patient Participation Group

All registered patients are able to join our Patient Participation Group. People of all genders, ages, ethnicities, and those with health conditions and disabilities are encouraged to join.

Health awareness dates for your diary:

July – 9th to 13th Alcohol awareness week

August – 1st – 7th Breast Feeding Awareness week

September – 10th World suicide prevention day

22nd – 27th Organ donation week