



# Walton Medical Centre NEWSLETTER SPRING 2025 ISSUE 1

Welcome to the Spring edition of the Walton Medical Centre patient newsletter.

## Practice Information

Thank you to all our patients who cancelled appointments that were not needed. In the months of January to May there were 563 appointments that were not attended. If you need to cancel your appointment it can be cancelled via the Anima app, by calling the surgery or responding on the text reminder for the appointment.

In April we received 4460 patient telephone calls.

We had 2387 Anima requests put through by patients.

**We're here for you, for longer**

GP and nurse appointments are now available during the evenings and at the weekend.

Your NHS, here for you.

## **Enhanced Access**

The surgery now provides some Saturday appointments. A variety of appointments are available. The next face to face clinics at Walton Medical centre are:

Saturday 16th May 2025

Saturday 30th May 2025

Please see a member of the reception team if you wish to book an appointment.



## **VACCINATION**

The surgery is taking part in the Spring 2025 Covid booster vaccination campaign. In April we gave 230 vaccinations. Those eligible are aged over 75 or aged over 6 months and have a weakened immune system. Please contact the surgery to book your Covid vaccination. If you are a care home or housebound patient we will be contacting you shortly.

With spring upon us, hay fever is rife at present and is only set to worsen this weekend as the Met offices pollen forecast rises to very high across the UK. Whilst the ailment is not serious, it is certainly an annoyance and can be very unpleasant. According to the NHS, symptoms of hay fever include: sneezing and coughing; a runny or blocked nose; itchy, red or watery eyes; itchy throat, mouth, nose and ears; loss of smell; pain around the sides of your head and your forehead; headache; and feeling tired.

For more information and advice please visit:  
<https://www.nhs.uk/conditions/hay-fever>

## **Patient Participation Group**

The practice has a Patient Participation Group to work with the practice to help promote the health and wellbeing of the people in our community. If you are interested in being part of this group or would like to know more about what they do please ask for details at reception.

### **Join our Patient Participation Group**

All registered patients are able to join our Patient Participation Group. People of all genders, ages, ethnicities, and those with health conditions and disabilities are encouraged to join.

Health awareness dates for your diary:

May – National Walking Month

Deaf Awareness Week 4-10<sup>th</sup> May

Mental Health Awareness Week 12-18<sup>th</sup> May

June – Diabetes Awareness Week 8-14<sup>th</sup> June

World blood donor day 14<sup>th</sup> June

Loneliness Awareness Week 15-21<sup>st</sup> June 2026