



Walton Medical centre

NEWSLETTER SUMMER 2026

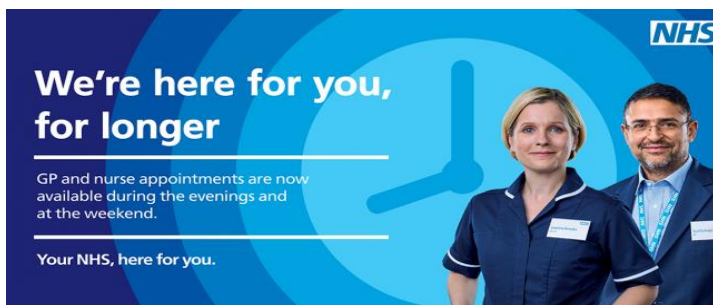
Practice Information

Thank you to all our patients who cancelled their appointments that were not needed. In the months of January to June there were 911 appointments that were not attended. If you need to cancel your appointment it can be cancelled via the anima app, by calling the surgery or responding on the text reminder for the appointment.



In June we received 4279 patient telephone calls.

We had 2392 Anima requests put through by patients in June 2026.



Enhanced Access

The surgery now has some Saturday clinics. A variety of appointments are available. The next face to face clinics at Walton Medical centre are:

Saturday 8th August 2026

Saturday 22nd August 2026

Please see a member of the reception team if you wish to book an appointment.

Travel Health & Vaccinations Planning a trip this summer?

Some destinations require vaccinations or medications that are not available on the NHS, so it's worth planning.

Check the following website for information on travelling to countries and vaccine information: <https://www.nhs.uk/vaccinations/travel-vaccinations/>

Malaria tablets may be required depending on your destination.

Please speak to reception about a travel health appointment.

Make sure your routine vaccinations like MMR and tetanus are up to date before you go.





To help the travel Nurses assess your travel needs it is important that they are in receipt of the assessment form at least 8 weeks before you are due to travel.



IMPORTANT PATIENT NOTICE

BUILDING IMPROVEMENTS AT WALTON MEDICAL CENTRE

We will be starting improvement work at the surgery on Monday 3rd August 2026.

We are creating two additional clinical rooms within part of the current waiting room. This will provide more clinical space and help us offer additional appointments and services. The patient waiting area will move into the enlarged main entrance hall, and our reception area will also be refurbished.

During the building work, there may be some noise and disruption. Patient parking and seating in the waiting area will also be limited.

Please arrive as close as possible to your appointment time and, where possible, no more than 10 minutes early. If you need a seat, assistance or any other reasonable adjustment, please let us know. We will make suitable arrangements wherever possible.

Contacting the surgery

While our reception space is limited, please use Anima wherever possible to send medical and administrative requests:

<https://anima.thirdparty.nhs.uk/o/co148pawal>

You do not need to create an account. Anima is available from **8:00 am to 6:30 pm, Monday to Friday.**

You can use Anima for:

- Appointment requests
- Medical queries
- Test result enquiries
- Prescription queries



- Administrative requests

If you cannot use Anima, do not have internet access or need help submitting a request, please telephone us on **01255 674373** or speak to our reception team. You will still be able to contact the surgery in the usual ways.

If our telephone lines are busy, you can select the callback option. This will keep your place in the queue, and the system will call you when you reach the front, so you do not need to remain on hold.

Saturday appointments

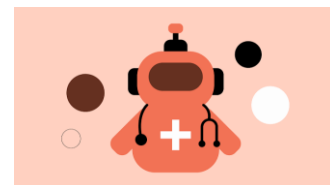
If you are attending a Saturday appointment, please use the side entrance located on the right-hand side of the building.

Please park only in the patient car park and keep the area immediately to the right of the building clear.

We apologise for any inconvenience and thank you for your patience and understanding while we improve our facilities.

Helping our clinicians focus more fully on patients

Some clinicians at Walton Medical Centre are introducing secure AI-assisted consultation note tools.



During an appointment, the tool may listen to the conversation and prepare a draft clinical note. The aim is to reduce the amount of time clinicians spend typing and allow them to give patients more attention during consultations.

The tool is used only to support documentation. It does not make diagnoses, recommend treatment independently or make decisions about your care. Your clinician remains fully responsible for the consultation and checks, edits and approves the note before it is added to your medical record.

Your clinician will explain when the tool is being used. You can ask questions or decline its use at any time. This will not affect the care or treatment you receive.

Information about how personal information is handled is available in the practice privacy notice:



<https://waltonmedicalcentre-essex.nhs.uk/>



Patient Participation Group

The practice has a Patient Participation Group to work with the practice to help promote the health and wellbeing of the people in our community. If you are interested in being part of this group or would like to know more about what they do please ask for details at reception.

Join our Patient Participation Group

Health Awareness Dates for your diary

Disability Pride Month – July 2026

World breastfeeding awareness week 1-7th August 2026

Cycle to workday 6th August 2026

Urology awareness month September 2026